

How to Book

By email: schools@ecolocal.org.uk. Please give details of the type and number of sessions you require, possible dates and a contact name and number and we will get back to you.

By phone: please contact Heather on **020 8770 6611** with details of the type and number of sessions you require and possible dates.

On line: fill in an enquiry form at www.ecolocalschools.org.uk

Please contact us if you have questions. We're happy to help.

Prices

Prices start at as little as £1.82 per child

We offer substantial discounts for multiple bookings of the same session on the same day:

Price per session for multiple sessions, same type, same day:

2 @ £72.50 each 3 @ £62.50 each 4 @ £54.50 each

- Single sessions are £75 each
- Please enquire about prices for longer courses
- Prices exclusive of VAT
- Sessions marked with * will incur an additional cost for materials
- Please note that we can deliver up to three 1.5 hour sessions in a single day or four 1 hour sessions per day
- All sessions are offered subject to our Tutor availability

For details of additional special offers, and to sign up for our occasional email updates please visit our website:

www.ecolocalschools.org.uk

EcoLocal Schools

Fun environmental activities for schools



Directory 2012–2013

www.ecolocalschools.org.uk
020 8770 6611



From £1.82
per child

About EcoLocal Schools Activities

EcoLocal is a community based charity committed to environmental education and awareness. We have set up a social enterprise to provide a wide range of fun, interactive educational activities for primary schools to help bring environmental issues to life for children.

Delivered by EcoLocal's experienced tutors, these activities can enhance the curriculum throughout the year and are perfect for health, science, geography weeks and more!

Choose from:

- ★ Food Growing
- ★ Wildlife Gardening
- ★ Recycling & Litter
- ★ Climate Change
- ★ Green Tudors
- ★ Healthy Eating
- ★ Energy

We also offer:

- ★ Christmas activities
- ★ Walk to School Week Activities
- ★ Post - SATS activities for Y6,
- ★ Cycling road shows
- ★ Healthy Eating Courses
- ★ Food Growing and Wildlife Gardening after school clubs

Specials for Walk to School Week

WoW You're Healthy* KS1/KS2 1.5 hours Y3 - Y6

Find out how walking to school makes your heart healthy. Take part in the "Who Wants to be a Millionaire" style quiz and have a go at making questions of your own. Measure your heart rate and have a go at the pedal-powered iPods to see how exercise makes your heart beat faster.



Expand Your Lungs* KS1/KS2 1.5 hours Y3 - Y6

Learn about air pollution and how it affects your lungs. Measure your lung capacity and have a go at powering our pedal powered DVD on air pollution, plus more fun activities ...



Longer Courses

Introduction to Healthy Eating 5 Weeks x 1 hour Y6

A 5 week course leading to entry level AQA accredited qualifications. Learn about healthy balanced diet, food labelling, 5 A Day, food nutrition and energy, carry out a food diary, make posters and taste new foods.



Food Growing After School Club/Course 12 Weeks x 1.5 hours Y1-6

Each session is a mix of hands-on activity and learning, from sowing and planting to composting and harvesting. Make slug traps, bird scarers and mini scarecrows. Learn about plant families, food chain, fertilising and more!



Wildlife Gardening After School Club/Course 6 Weeks x 1.5 hours Y3-6

Each session is a mix of hands-on activity and learning, from learning about beneficial and harmful bugs, how to plan a wildlife area to building bug houses and bird feeders.



Squirrels Scrap Scheme - money off!

We have teamed up with the Squirrels Scrap Scheme! Book three or more of any of our schools sessions and we will give you **£20 off** your next Squirrels membership. Limited offer—please ask when booking. Squirrels provide a wide range of resources for arts, crafts, educational and play materials.

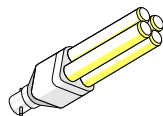
www.squirrelscommunityscrapscheme.btck.co.uk

Energy Detectives

Classroom Energy Audit KS2

1 hour Y4 - Y6

Teams compete to see who can identify the most Energy Hot Spots in the classroom and then design posters to encourage the school to save energy.



Keeping Warm KS2

1.5 hours Y3 - Y5

Discover how insulation keeps us all warm – from polar bears to humans. Then discover how insulation saves energy and keeps your house warm. A practical session involving experiments with ice and polar bears.



Healthy Eating

Taste Bud Challenge KS1/2

1 hour Y1 - Y6

Take the taste bud challenge! Teams compete to try as many different foods as possible and guess what they are.



Giant Food Race KS1/2

1 hour R - Y4

A fun session of relay races with giant foam food shapes to find out about why our bodies need energy and how to eat healthily. Can be run outdoors or in a school hall.



5-a-day KS1

1 hour Y1 - Y2

Are you getting enough fruit and veg? Children learn about 5 a day by sorting different foods into those which count towards your 5 a day, and those which don't. They then make a collage placemat to take home to remind them how to get their 5-a-day.



Healthy Balanced Diet KS2

1.5 hours Y3 - Y6

Are you eating the right things? Children learn about a balanced diet by sorting foods into the 5 different food groups. Discussion about why different foods are good for different parts of our body, then, based on the 'Eatwell' plate, they create a poster to show how much of each sort of food should be eaten.



Food Growing

Super Seeds* KS1/KS2

1.5 hours R-Y6

Where do vegetables we eat come from? Match the food to the seeds, and learn about seed planting and how to take care of them. Plant a mini veg garden to take home.



Cool Cress and Mega Mustard* KS1/2

1.5 hours Y1 - Y6

Have a go at food growing: plant potatoes and salad leaves for your classroom and then make a pair of decorated growing mustard and cress heads. Write a poem or rap (KS2).



Wildlife Gardening

Wildlife Detectives KS1/KS2

1.5 hours Y1 - Y6

Discover the wildlife living around your school and create a wildlife chart showing what you have found.



Make a Mini Wildlife Garden KS1/KS2

1-1.5 hours Y1 - Y6

Find out what makes a garden a haven for wildlife, and then make your own mini garden in a seed tray (KS2) or a wildlife garden collage (KS1) to take home.



Busy Bees KS1/2

1.5 hours R - Y4

Find out why flowers are so important in wildlife gardens and where honey comes from. Play the Making Honey Relay Race and plant sunflower seeds in a decorated pot to take home.



Make a Bird Feeder KS2

1.5 hours Y3 - Y6

Discover what birds eat and make your own bird feeder out of a clean tetra pack to attract birds into your school grounds or garden.



Make a Bug House KS1/KS2

1.5 hours R - Y6

Explore the wonderful world of insects. Go on a bug hunt and then make a bug house for your garden.



Recycling Games and Crafts

Recycling Champions KS1/2

1 hour Y1 - Y3

Test your recycling knowledge with the recycling beanbag race and fun recycling quiz.



Sock Monsters KS1

1 hour Y1 - Y2

Design and make a sock monster to help you recycle your rubbish. (Children will need to bring their own thick, adult sock)



T-Shirt Transformers KS2

1.5 hours Y3 - Y6

Find out what happens to your old clothes when you recycle them. Then design and make your own recycled T-shirt, using recycled materials. (Children need to bring a plain, old T-shirt to use)



Recycled moving pictures KS2

1.5 hours Y3 - Y6

Learn how recycling saves energy; create and decorate your own moving picture using facts about recycling.



Recycling Robots KS2

1.5 hours Y3 - Y6

Find out how different materials are recycled and then work in teams to create a recycling robot to crush, shred, melt or squash your recycling into something useful!



Kings and Queens of Recycling KS1

1 hour R - Y1

Learn all about rubbish and recycling and make yourself a recycled crown!



Litter Bugs KS1/KS2

1-1.5 hours Y2-Y6

Take part in team litter activities; hunt for nasty bugs in the litter, 'pass the germ' relay race and rescue the trapped wildlife. Learn why dropping litter is such a problem with our slide show. Y5 & 6 also carry out a litter audit of their school.



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Climate Change Challenges

Climate Challenge: Cut Your Carbon KS1/KS2

1 hour Y2 - Y6

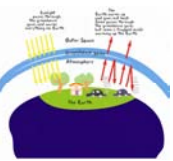
What is climate change? Find out about its causes, effects and how walking to school can help. Blow up a balloon of CO₂ using our pedal powered car engine and use the Crazy Climate facts to make a climate change poster to put up in school (KS2 only).



Climate Challenge: Energy KS2

1 hour Y3 - Y6

How much energy do we use at home? How much energy can we save at home? Take the Climate Ambassadors Energy challenge and find out what you can do to save energy and help stop climate change. Then take the Climate Ambassadors Energy Pledge to do your bit.



Climate Challenge: Travel KS2

1 hour Y3 - Y6

How often do you use a car? Using our giant maps of Sutton and walking/cycling circles, see if you can cut your car use and help stop Climate Change by changing just one of the local journeys you regularly make. Make a travel tree to monitor your progress and take the Climate Ambassadors Travel Pledge.



Climate Challenge: Food Miles KS1/KS2

1 hour Y2 - Y6

Where does food come from? Find out how far your food travels and how you can cut your food miles to help Climate Change. Plan a tasty low food miles meal and take the Climate Ambassadors Food Miles Pledge.



How Green were the Tudors?

New for 2012

Tudors and Energy at Home KS2

1.5 hours

Y3- Y6

Explore how the Tudors used energy at home compared to us today. Carry out an insulation investigation and explore how Tudor clothing was designed not just to look good, but to keep them warm!



Tudors and Travel KS2

1.5 hours

Y3 - Y6

Compare Tudor travel and modern day transport and contrast the carbon footprints. Explore the 'Day in a Life of a Tudor Child' and plot her travels on a Tudor map of Cheam. Compare these journeys to modern daily travel trips.



Tudors and Food KS2

1.5 hours

Y3 - Y6

Compare what Tudor royals, farmers and poor people ate. Map Tudor food miles and compare to food shopping today; try some Tudor bread and grind spices.

